

Welcome to Cunha Athletics!



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Fall sports selections:

Girls Volleyball:

6th grade: A level and B level

7th grade: A level and B level

8th grade: A level and B level

Cross Country (all grades, boys and girls)

Flag football (all grades, boys and girls)

Timeline of fall sports

NOTE: The following information can also be found on the Cunha Athletics page:

<https://cunha.cabrillo.k12.ca.us/athletics>

8/17-8/29: Sign up to be a member of the Boys and Girls club. It is required to be a part of Cunha Athletics

Monday 8/29 and Tuesday 8/30: tryouts and evaluations of all fall sports (see next slide for locations).

Tuesday, September 6th: Athletic clearance information due!

Monday, September 19th: First week of games

Friday, October 28th: End of regular season

Week of Monday, October 31st: Playoffs

Girls Volleyball

Tryouts/Evaluations will be held in the **Cunha Gym**

- 6th grade 330-430pm
- 7th grade 430-530pm
- 8th grade 530-630pm

Practice times and games will be TBD. Locations for practices will be either the Cunha gym or the Event Center

Other fall sports

Cross Country will meet in front of the snack shack out on the athletic field

- NOTE: Cross country does practice off site once in awhile

Flag football will meet on Cunha Athletic Field #1 (the soccer field closest to the tennis courts)

Required items need to participate

1. Boys and Girls club membership:
 - 30 dollar one-time fee for the year, regardless of how many sports you are playing
 - <http://bgccoastside.org/become-a-member/>
 - Membership cards may be picked up from the BGCC office to complete your athletic clearance.
2. Once your child is on a team, you will need to complete the online athletic clearance packet
 - <https://www.athleticclearance.com/>
3. \$100.00 fee (per sport)
 - Payable through the athletic clearance website, cash, or check made out to BGCC
 - Financial assistance is available upon request

IMPORTANT CHANGE FOR 2022-2023 YEAR

**You do NOT need a sports physical to
participate in Cunha athletics!**